

# LADIES DAY SPECIALS!

## \* **New Patients:**

- **Donate \$50 to the Carlsbad Boys and Girls Club and receive initial exam, consultation, scans and x-rays for FREE.**

## \* **Patient Referral:**

- **Refer a friend or family member and your next adjustment is FREE.**

## \* **Metagenics Detox Program:**

- **10 Day kit for \$149**

## \* **25% Off All Merchandise & Supplements**

## \* **Massages:**

- **One Hour Massage \$65**
- **3x One Hour \$175**



# **INDULGE & RELAX**

**BUY THREE MESSAGES**

**GET ONE FREE!!**

**WITH ONE OF**

**OUR LICENSED**

**MASSAGE THERAPISTS**

**[www.lacostachiropractic.com](http://www.lacostachiropractic.com)**

# LADIES DAY!

**La Costa Chiropractic is hosting a  
"Ladies Only Day"**

**Thursday February 25<sup>th</sup> @ 5:00pm**

**Learn ways to promote and maintain a  
healthy life style with:**

- \* Acupuncture
- \* Pilates
- \* Nutrition
- \* Spinal Scan

**Come in and be pampered with a healthy shake,  
mini massage and beauty treatment by Bella Dora Spa.**

**Attendance enters you into a draw to win fantastic  
treatments, for that little extra TLC, by:**

- \* **Andrea Berry, Encinitas - 3x Chiro 950 Treatments**
- \* **Derm Aesthetics Center, Encinitas - 1x Laser Treatment**

**COME AND JOIN US, ALL SERVICES  
COMPLIMENTARY!!**

**Reservations required so call today.**

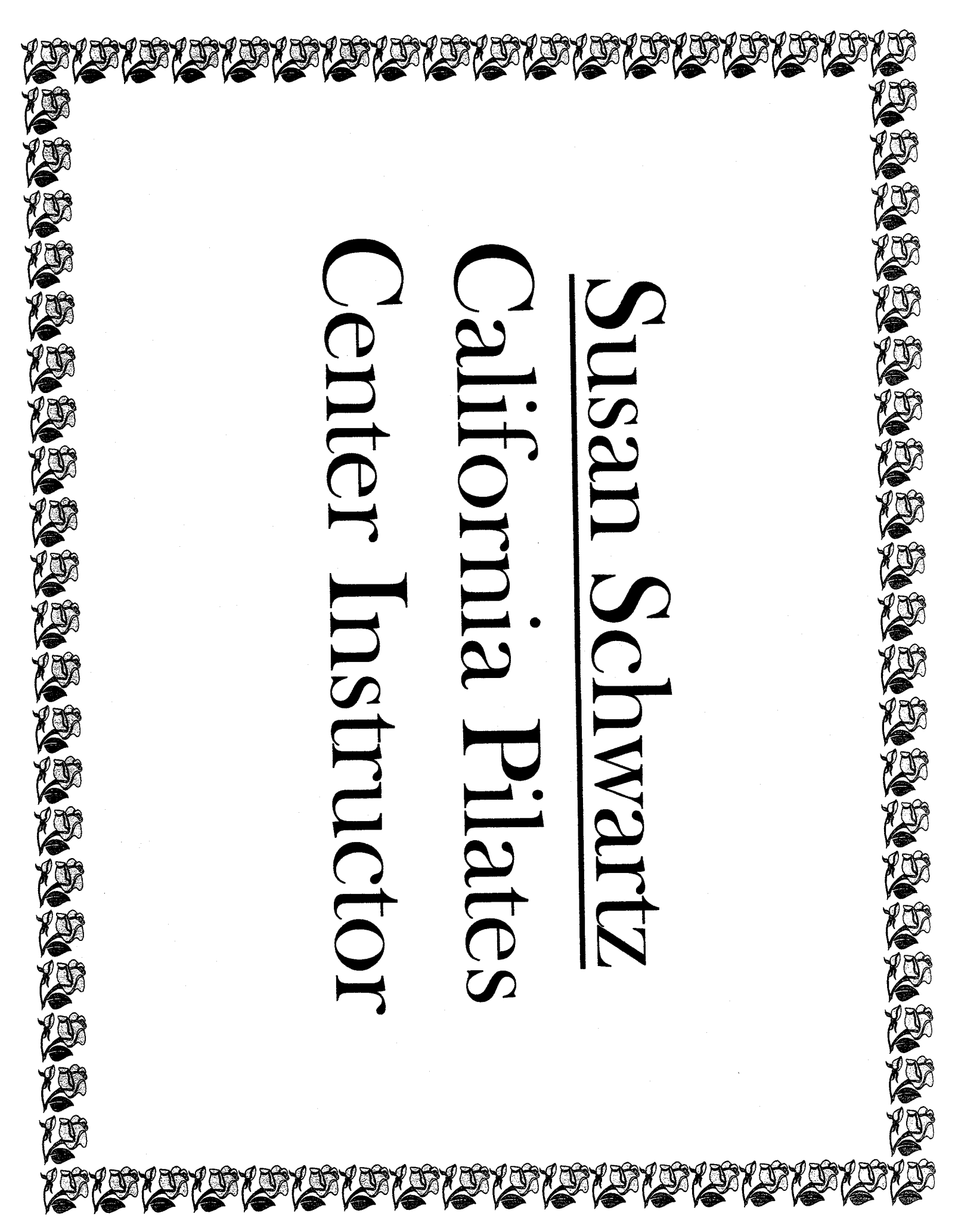
**La Costa Chiropractic  
6986 El Camino Real Ste F  
Carlsbad 92009  
Phone: (760) 438-9548  
[www.lacostachiropractic.com](http://www.lacostachiropractic.com)**





Lee Anne Walsh, R.D.

Dietitian

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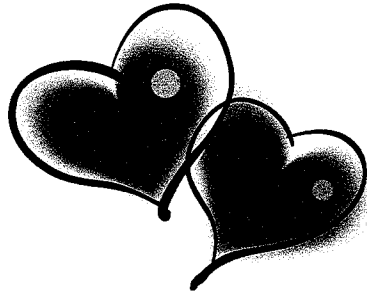
Susan Schwartz  
California Pilates  
Center Instructor



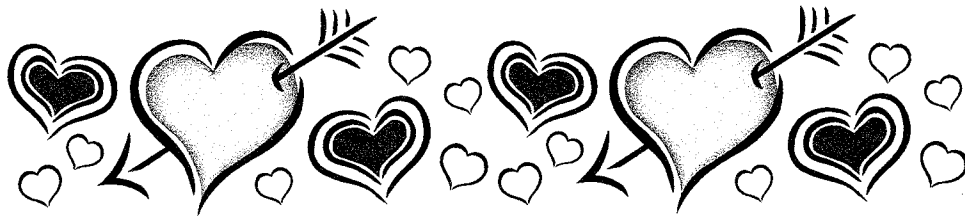
Susie Orenstein, L.Ac, MPA

Acupuncturist

# *Valentine's Day Special*



*Treat yourself or that special someone to a  
gift of health and relaxation!*



*One Hour Massage for \$65*

*or*

*Three One Hour Massages for \$175*

*(New patients require exam & consultation with Doctor)*

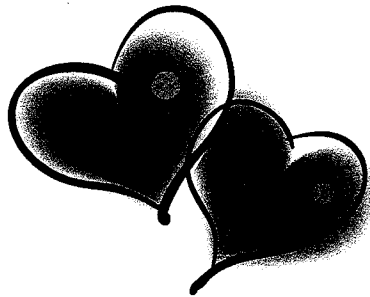
*La Costa Chiropractic*

*6986 El Camino Real Ste F, Carlsbad*

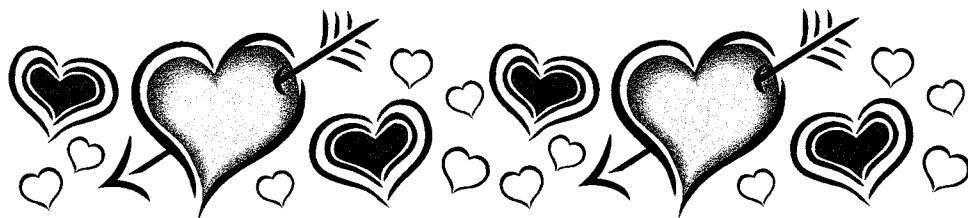
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